



ENDURANCE GB Improving Mobility & Confidence Workshop

10am – 4pm Sunday 10th February 2019

**TO BE HELD AT
Risley Memorial Hall
111 Derby Road
Derby
DE72 3SS**



Dear Endurance GB Member,

This exciting new interactive workshop is open to all EGB Members and Non-Members. Participants are encouraged to bring along their own saddles to the workshop.

10th February 2019 – Risley Memorial Hall, Derbyshire – 10am till 4pm

The itinerary for the event will include:

- Morning - number of sessions run by a team of Master Saddlers including an Olympic team saddle fitter. The purpose of these is to increase knowledge around correct saddle fitting, pressure and to discuss tack adjustments to aid mobility.
- Afternoon - session led by UKCC Endurance Coach Cindy Russell aimed at improving confidence.

Lunch is included but places are limited. Free for PARA members, £40 EGB Members, £60 Non – Members.

Thank you to the Worshipful Company of Saddlers for their sponsorship of this event.

Please complete the below booking form and email paraendurance@endurancegb.co.uk

If you have any queries, please contact alextenant@endurancegb.co.uk

Alex Tennant

Director of Development, Welfare, Young Riders, Futurity and Para Equestrian Endurance.

T: 07871 310221

E: alextenant@endurancegb.co.uk



BOOKING FORM

Please complete and return to Alex Tennant at paraendurance@endurancegb.co.uk together with a payment via the EGB website, as an adhoc payment stating it is payment for Mobility and Confidence Workshop February, and the participant name. Payments are non-refundable without a doctor's letter.

<https://endurancegb.co.uk/main/More/Shop/Store/orderby/name/currentpage/2>

PLEASE NOTE THAT THERE ARE LIMITED PLACES AVAILABLE

PARTICIPANT DETAILS:

NAME:

ADDRESS:

TEL NO.:

EMAIL:

EGB MEMBERSHIP NO (if applicable): _____

ANY SPECIAL DIETARY REQUIREMENTS: YES/NO

DETAILS:

ANY PARTICIPANT MEDICAL CONDITIONS: YES/NO

DETAILS:

EMERGENCY CONTACT DETAILS:

NAME:

TEL. NO.:

ANY ADDITIONAL INFORMATION REGARDING THE PARTICIPANT:

We look forward to seeing you there!